



### RUNNING TRAVELER INFO FORM

After making a copy for yourself, please fax or mail completed form to:

Dude Girl, PO Box 2695, Truckee, CA 96160  
Fax: 530-587-3553  
Phone: 415-690-0633  
Email: kim@dudegirl.com

### TOUR CHOICE

- Yosemite**  
Tuolumne Meadows Trail Running – 5 days/5 nights
- Yosemite**  
Tuolumne Meadows Trail Running – 4 days/3 nights

### CONTACT INFORMATION

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Tel (day) \_\_\_\_\_ Tel (night) \_\_\_\_\_  
 Fax \_\_\_\_\_ e-mail \_\_\_\_\_

### SHIPPING INFORMATION

Is this the above address where you would like us to ship items to you?  
 Yes. If yes, move to next section.  No. If no, please provide alternate address below:

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_ Tel \_\_\_\_\_

### HEALTH INFORMATION (in case of emergency)

Health Insurance Company \_\_\_\_\_  
 Policy # \_\_\_\_\_

Will you be carrying an additional Travel Insurance policy?  
 yes  no

Travel Insurance Company \_\_\_\_\_  
 Policy # \_\_\_\_\_

Do you have any medical conditions that would put you at risk while participating in a running tour? \_\_\_\_\_

Do you have any indications of medical condition(s) or past medical history that we should know about? \_\_\_\_\_

Do you have any allergies? \_\_\_\_\_

Are you a diabetic? \_\_\_\_\_

### PERSONAL INFORMATION

Valid driver's license # and expiration date \_\_\_\_\_

**(Please either fax or mail us a copy of your license before August 15)**

Special dietary requirements (vegetarian etc) \_\_\_\_\_

Other special considerations/concerns? \_\_\_\_\_

Are you celebrating a special occasion during this trip? \_\_\_\_\_

### EMERGENCY CONTACT INFORMATION

#### PRIMARY CONTACT

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Tel (day) \_\_\_\_\_ Tel (night) \_\_\_\_\_  
 Cell Phone \_\_\_\_\_ e-mail \_\_\_\_\_  
 Relationship \_\_\_\_\_

#### SECONDARY CONTACT

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Tel (day) \_\_\_\_\_ Tel (night) \_\_\_\_\_  
 Cell Phone \_\_\_\_\_ e-mail \_\_\_\_\_  
 Relationship \_\_\_\_\_

We look forward to running with you in Yosemite!