



## CYCLING TRAVELER INFO FORM

After making a copy for yourself, please fax or mail completed form to:

Dude Girl, PO Box 2695, Truckee, CA 96160  
Fax: 530-587-3553  
Phone: 415-690-0633  
Email: kim@dudegirl.com

### TOUR CHOICE

- Tour de France**  
French Alps – 7 days
- Bulgaria** – Mountain Biking  
in the Rhodope – 7 days
- Tour de France**  
Pyrenees to Paris – 7 days
- Bulgaria** – Mountain Biking  
in the Rila – 7 days

### CONTACT INFORMATION

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Tel (day) \_\_\_\_\_ Tel (night) \_\_\_\_\_  
 Fax \_\_\_\_\_ e-mail \_\_\_\_\_

### SHIPPING INFORMATION

Is this the above address where you would like us to ship items to you?

- Yes. If yes, move to next section.  No. If no, please provide alternate address below:

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_ Tel \_\_\_\_\_

### HEALTH INFORMATION (in case of emergency)

Health Insurance Company \_\_\_\_\_  
 Policy # \_\_\_\_\_  
 Will you be carrying an additional Travel Insurance policy?  
 yes  no  
 Travel Insurance Company \_\_\_\_\_  
 Policy # \_\_\_\_\_

Do you have any medical conditions that would put you at risk while participating in a cycling tour? \_\_\_\_\_

Do you have any indications of medical condition(s) or past medical history that we should know about? \_\_\_\_\_

Do you have any allergies? \_\_\_\_\_

Are you a diabetic? \_\_\_\_\_

### PERSONAL INFORMATION

Height \_\_\_\_\_  
 Birth Date \_\_\_\_\_ Birthplace \_\_\_\_\_  
 Citizenship \_\_\_\_\_  
 Passport # \_\_\_\_\_ Date of Issue \_\_\_\_\_  
 Place of Issue \_\_\_\_\_ Date of Expiration \_\_\_\_\_  
 Special dietary requirements (vegetarian etc) \_\_\_\_\_

Other special considerations/concerns? \_\_\_\_\_

Are you celebrating a special occasion during this trip? \_\_\_\_\_

### EMERGENCY CONTACT INFORMATION

#### PRIMARY CONTACT

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Tel (day) \_\_\_\_\_ Tel (night) \_\_\_\_\_  
 Cell Phone \_\_\_\_\_ e-mail \_\_\_\_\_  
 Relationship \_\_\_\_\_

#### SECONDARY CONTACT

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Tel (day) \_\_\_\_\_ Tel (night) \_\_\_\_\_  
 Cell Phone \_\_\_\_\_ e-mail \_\_\_\_\_  
 Relationship \_\_\_\_\_

## CYCLING EXPERIENCE

How do you rate your cycling ability?

- beginner       intermediate  
 advanced       expert

Please give a brief summary of your bicycling experience.  
(Approximate number of miles per week, type of riding, etc.)

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## CYCLING EQUIPMENT

This information will help us prepare our mechanic and supplies

**Note:** Bulgaria Guests, even if you choose to ride a bike provided by Dude Girl, please complete the following; it will help us supply you with an appropriate machine!

Frame model and size \_\_\_\_\_

Fork model \_\_\_\_\_

Wheels model and size (700c or 650c) \_\_\_\_\_

Groupo (Record, DuraAce, etc) \_\_\_\_\_

Pedals (make and model) \_\_\_\_\_

Gadgets (computers, HR monitors, SRM units, Powertap, etc.)

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## PRE-EVENT BIKE CHECK

Most quality bike shops offer a "pre-race check" or "event check" for your bicycle: A professional bike mechanic will perform a working order check-out to make sure the machine is road-worthy, i.e. derailleurs shifting properly, brakes working, bolts are ALL checked, and wheels are true. We highly recommend that you have a professional bike shop mechanic perform a pre-tour check-out before you depart for the trip.

## BULGARIA ONLY-OPTIONAL BIKE RENTAL

Bulgaria Guests, you are welcome to bring your own bike; however, we work with a great company in Sofia that will outfit you with excellent, Bulgarian-built RAM Bikes (Real Adventure Machinery). We highly recommend that you leave the bike hassle to us!

I would like to rent a bike:  yes  no

If yes, please provide:

Rider height in feet \_\_\_\_\_

Inseam (measured from crotch to floor in inches) \_\_\_\_\_

## FLIGHT INFORMATION

If you do not yet have flight information, please email the following information to us as soon as possible:

Airline \_\_\_\_\_ Flight # \_\_\_\_\_

Arrival City \_\_\_\_\_ Arrival Airport \_\_\_\_\_

Arrival Date \_\_\_\_\_ Arrival Time \_\_\_\_\_

Airline \_\_\_\_\_ Flight # \_\_\_\_\_

Departure City \_\_\_\_\_ Departure Airport \_\_\_\_\_

Departure Date \_\_\_\_\_ Departure Time \_\_\_\_\_

**WE LOOK FORWARD TO SEEING YOU IN EUROPE!**

